

FEBRUARY 2023

# CHALK TALK

The Official Newsletter of  
Sylvania Northview High School Volleyball



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## 2023 IS COMIN' IN HOT

by Chad Rutkowski, Head Coach

56 days until our Parents Meeting - April 17th at 7:00 P.M.

113 days until our first Open Gym - June 13th

161 days until Tryouts - July 31st (*Tryout Date has been changed due to recent changes to the OHSAA bylaws*)

Sure, these all seem like they are eons away, however, we know that spring and summer are upon us and it will be Northview Volleyball season once again. There have been some big things happening already this year for the you as they progress, so you feel you are "in the loop" at all times. You can upcoming 2023 season and the intent of this newsletter is to share those with expect one of these per month throughout the year to keep you informed.

As coaches, we thoroughly enjoy these months to prepare for our upcoming season, to watch our athletes participate for the respective clubs throughout the country and continue to refine our coaching to be the best we can for our athletes.

2023 is going to be an amazing season as we welcome nearly 40 athletes to our program on three teams to represent NVVB! We look forward to sharing much more with you in the near future!

Go Cats! Point Northview!



## WELCOME TO OUR NEW STAFF

In case you missed the announcement on our website and social media on Friday, Sylvania Northview volleyball head coach Chad Rutkowski announced the hiring of four individuals to round out the staff for the 2023 campaign. Joining the Wildcats in 2023 will be Matt Trzcinski, associate head coach; Kristen Trzcinski, head junior varsity coach and varsity assistant; Skylar Iott, head freshman coach and varsity assistant; and Rachel Phalen, Northview class of 2018, as a volunteer assistant.

"We are thrilled to welcome Matt, Kristen, Skylar and Rachel to Northview," said Rutkowski. "All of these individuals will bring compassionate competitiveness to our program as well as vast experience that will be immensely beneficial to our athletes and their families. Their combined expertise will all benefit the growth of Northview volleyball and volleyball in the Sylvania community. As we built this staff, the top priority was high character people and championship experience remain top priorities, and all four of these individuals exude these qualities. Please join me in welcoming the Matt, Kristen, Skylar and Rachel to Northview Volleyball."

For a full list of the staff for 2023, please [click here](#).



## OHSAA BYLAW CHANGES FOR 2023

The Ohio High School Athletic Association has made significant bylaw changes that will impact our program this summer in a positive manner by expanding Summer Coaching Opportunities and Fall Start Date. This summer, Summer period will begin May 15 instead of June 1; number of coaching days moves from 10 to 13; fall sports practices may begin July 31 instead of August 1 with Tryouts.

How does this impact our program:

1. We will not start our summer programming until June 13th as stated. We feel it is imperative for our athletes to have much needed time off between club and high school season. In addition, we want our athletes to be 100% committed to their club teams and then be 100% committed to NVVB.
2. The calendar has been adjusted to add three (3) additional coaching days - 2 at the end of June for Freshman only and 1 additional date in July for all grades.
3. Tryouts will take place on Monday, July 31st instead of August 1st as originally planned.

The calendar has been adjusted to reflect all of these changes.

Northview Volleyball is built on the following core values: Skill Development, Commitment, Sacrifice, Responsibility, Accountability, Dedication and Perseverance



# 2023 CALENDAR AND IMPORTANT DATES

Online Calendar for Northview Volleyball – Summer dates and practices are set for the 2023 season with a few minor changes to be expected.

- Computers and Mobile Devices:
  - Apple Devices: <https://tinyurl.com/ya5c3gjz>
  - Google and Android Devices: <https://bit.ly/307LzCA>
    - It would be highly recommended to subscribe to this calendar on your mobile devices
- Player and Parent Meeting – April 17, 2023 at 7:00pm in the Northview Cafeteria
- First Summer Practice/Open Gym for Freshman Only – Tuesday, June 13, 2023
- Incoming 9th Graders Summer Camps – Monday nights throughout June and July
  - More details to follow but will be 5:30 P.M. to 7:30 P.M. and based on position
- Tryouts – One Day Only – August 1, 2023 from 5:00 P.M. to 6:30 P.M. (Session #1) and 7:30 P.M. to 9:00 P.M. (Session #2)
  - Athletes will be required to attend both sessions
- Spirit Wear Order Due – August 2, 2023
- More dates will be added to the calendar as we move towards the season and events are finalized.

*For our returning athletes:*

- Throughout January through May, the calendar will show “Varsity - Monday Small Groups”. This is reserved for our Varsity athletes and will be by invite only. Per OHSAA regulations, we are permitted to have three (3) athletes in the gym at one time, therefore, we need to be cognizant of the total number of athletes at each small group session.

*For our new and returning athletes:*

- Every Tuesday and Thursday from 6:00 A.M. to 7:00 A.M. Northview Volleyball will be having Optional Weight Lifting in the Fitness Center at Northview High School. These are optional, but highly recommended as strength training will provide us that additional edge in our skillset. Each athlete must sign up to attend using the following link:  
<https://forms.gle/HWyHCRpt7gEZr6MU8>.

## PRE-SEASON ATHLETES & PARENTS MEETING

We will officially kick off the 47th season of Northview Volleyball on **Monday, April 17, 2023 at 7:00 P.M. in the Northview High School Cafeteria**. This meeting will last about 45 to 60 minutes. Please feel free to share this information with anybody that might be interested in playing volleyball in 2023 at Northview.

A friendly reminder, if you are a new athlete to the program (either a transfer or incoming 9th grader), you will need to fill out the **Athlete and Parents Information sheet that can be accessed online by clicking here**.

All incoming freshman volleyball players from both Arbor Hills and McCord have been included on this E-mail, as well as our other 8th graders that have expressed interest in attending Sylvania Northview High School previously, but the link above will be your formal prospect information that we will communicate moving forward.

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# SUMMER CAMPS

We are excited to host an array of Volleyball Summer Camps at Northview for all athletes that range in age and experience through the Sylvania Rec. This year, we will have programs which are intended to attract the interest of young campers to introduce them to the game as well as programs that seek to focus on advance, specific skill instruction for advance and experienced players. Under the direction of Northview Head Coach, Chad Rutkowski, and his staff, each of our camps will focus on making better volleyball players in a fun, competitive environment. All sessions of Northview Volleyball Camps are open to any and all entrants, limited only by capacity and age/grade level.

We host these camps in addition to our now thirteen (13) permitted summer coaching days that we are allotted throughout the summer per the Ohio High School Athletic Association. Any changes to these summer camps will be communicated as they become available.

Registrations will be available online by [clicking here](#) and will be available for registration coming this spring. Please be on the look out for information surrounding these various camp opportunities.

## 2023 SUMMER CAMPS

**Asics Summer Site Camp**  
\*for those not attending Team Camp\*

Grades 9th - 12th  
July 24th - July 26th  
9:00 A.M. to 2:15 P.M.  
Cost \$210.00



**NORTHVIEW**  
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**4th - 8th Grades**  
Sylvania Recreation Summer Camp  
June 5th - June 8th  
8:30 A.M. to 10:30 A.M.  
\$60.00

**Asics Summer Site Camp**  
Grades 6th - 8th  
July 24th - July 26th  
2:45 P.M. - 4:45 P.M.  
Cost \$105.00

**4th - 9th Grades**  
Positional Camps  
*Limit 50 campers per session*  
5:30 P.M. to 7:30 P.M.  
\$20.00 per date

**K - 3rd Grades**  
Sylvania Recreation Summer Camp  
June 5th - June 8th  
11:00 A.M. to 12:30 P.M.  
\$45.00

**Monday, June 12th - Serving Camp #1**  
**Monday, June 19th - Passing Camp**  
**Monday, June 26th - Attacking Camp**  
**Monday, July 10th - Serving Camp #2**  
**Monday, July 17th - Defense Camp**  
**Monday, July 24th - Setting Camp**

**7th - 9th Grades**  
Tune Up for Tryouts  
Sunday, July 30th - All Skills  
5:30 P.M. to 7:30 P.M.  
\$20.00





**FOR INQUIRES AND MORE INFORMATION, GO TO [NORTHVIEWWILDCATS.ORG](http://NORTHVIEWWILDCATS.ORG)**

**ALL SESSIONS OF NORTHVIEW VOLLEYBALL SPORTS CAMPS ARE OPEN TO ANY AND ALL ENTRANTS, BOTH BOYS AND GIRLS | LIMITED ONLY BY NUMBER, AGE/GRADE LEVEL. GRADES AS OF FALL 2023.**



## OTHER SUMMER 2023 EVENTS

NVVB has traditionally participated in a number of event throughout the summer months (June and July) and the 2023 season is no exception to that. In addition to our hosted Summer Camps list above, we will be participating in two (2) key summer events:

- Asics Summer Slam Tournament – July 22 & 23 – Times TBD at Premier Academy
- Thursday Summer League (all players will participate each week) – At Premier Academy from 5:00 P.M. – 9:00 P.M. in July (refer to calendar for specific dates).

More information will be provided on both of these events as we get closer, but these are key events that will take place this upcoming July.

## FUNDRAISERS

Each year, Northview Volleyball hosts a multitude of fundraisers to help raise additional support for our program to pay for summer leagues, tournaments, purchase equipment, improve technology and the on-going needs of our program as we continue to grow and invest in our athletes. All of these fundraisers need you and your networks to be successful and we appreciate your support and promotion of these events to make them successful. In addition, these are all on our Northview Volleyball calendar and will be posted on social media a couple times leading up to that specific event:

- Summer Camps with the Sylvania Rec (previously mentioned)
- Chipotle Dinner Fundraiser - Wednesday, July 27th from 5:00 P.M. to 8:00 P.M.
  - Eat at Chipotle on Talmadge and 33% of your order comes back to Northview Volleyball.
- Charlie's Ice Cream Fundraiser
  - JV - Sunday, August 6th from 3:00 P.M. to 6:00 P.M. | Freshman - Sunday, August 13th from 3:00 P.M. to 6:00 P.M. | Varsity - Sunday, August 20th from 3:00 P.M. to 6:00 P.M.
  - Eat at Charlie's in Sylvania and a portion of all funds come back to NVVB
- Paddy Jack's Fundraiser - Thursday, September 21st from 4:00 P.M. to 10:00 P.M.
  - Eat at Paddy Jack's (owned and operated by a NVVB Family) and 20% of all food sales, both dine-in and carry-out, will come back to support Northview Volleyball.
  - Thank to the Varwig family for making this annual event possible.



*Follow us on all social media platforms with username @nvhsvball*





## WEBSITE CONTENT

For the past couple of years, we have worked tremendously hard to maximize our resources and conserve the amount of waste that we have within our program. With that, we have digitized most of our materials and will share almost everything digitally with very little being sent in print form. This is always a chance for us to create some creative and innovative content which is exciting for the program. Please visit our website ([www.northviewwildcats.org](http://www.northviewwildcats.org)) and click on Team Files to access computer and mobile device backgrounds, daily checklist for athletes, links for match schedules only that you can share with family members.

We appreciate the support of going digital with most of our materials and hope that you will find them helpful and user friendly.

### Follow us on social media

Facebook | Sylvania Northview High School Volleyball @NVHSVBALL

Twitter | @NVHSVBALL

Instagram | @NVHSVBALL

Snapchat | @NVHSVBALL

TikTok | @NVHSVBALL

Northview Athletic Website - [www.northviewwildcats.org](http://www.northviewwildcats.org)

All Northview Volleyball resources can be found online. It is highly encouraged that you utilize the website as much as possible. All of our match results and pictures of our athletes can be found on our social media - please like, follow, share and be as active as you can with our social media posts! It is a wonderful way to get people engaged with our program.

## SPIRIT WEAR

The 2023 Spirit Wear Order Form will be delivered via E-mail to each family by May 1, 2023 and this will be talked about at the meeting on April 17, 2023.

We ask that each parent reviews the content as soon as possible and sends back the Excel spreadsheet that will be shared for you to complete your order. As we will stress moving forward, we will only place orders for those that are on final rosters after August 1st Tryouts and all other orders will be deleted and not fulfilled. Order will be placed immediately after July 31st Tryouts and payment for these items will be due on August 1, 2023. This ensures us that we have spirit wear with about 10 business days from ordering and that we will have all of our gear before the first match on August 19th.

More information on this will be presented at the meeting on April 17th.

If you have any questions regarding Northview Volleyball, call Chad Rutkowski, Head Coach at (419) 392-5669 or email [chad.rutkowski@me.com](mailto:chad.rutkowski@me.com)

**NV**  
**VB**

*Everything listed in this newsletter is subject to change as schedules are fluid and sometimes need adjustments. We will always communicate as things are modified and hopefully changes are few and far between.*